

INDOOR GAMES

S.No	Name of Game	No of Grounds	Area	Location
1	Badminton	1	12.4x15 mt	indoor
2	Table tennis	3	12.4x15mt	indoor
3	Chess	10	12.4x5mt	indoor
4	Caroms	4	12.4x10mt	indoor

INDOOR GAMES

Badminton:



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Table tennis:




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Chess:




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Carroms :




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OUTDOOR GAMES

S.no	Name of game	No of grounds	Area	Location
1	Cricket	1	4 acres	mist new ground
2	volley ball	4	26×26mt ,23×34mt	2 in mist main block, 2 in mist new ground
3	kabaddi	3	26×26mt , 38 ×32mt	1 in mist main block ,2 in mist new ground
4	kho kho	2	37×27mt ,20×35mt	1 in mist main block,1 in mist new ground

OUTDOOR GAMES

Cricket:





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Volley ball:




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Kabaddi :




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Kho-Kho :




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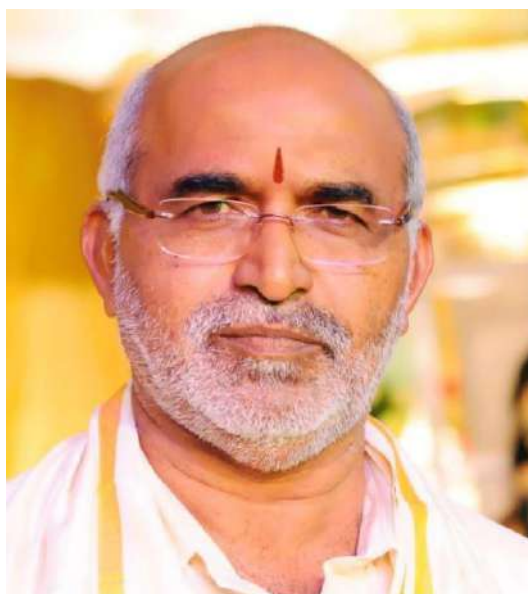
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PHYSICAL EDUCATION DEPARTMENT HAND BOOK



Late S. SUDERSHAN REDDY
Chairman

“A true dreamer of value added technical education beyond tomorrow”

He is a graduate from Osmania University, Hyderabad. He is keenly interested in promotion of education and social activities. He worked for the improvement and development of the M.I.S.T


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Sri. S. SURENDER REDDY
Secretary

He is a graduate of Osmania University, Hyderabad and has been in Electronics Business for more than 15 years. He has been associated with social activities like promoting education institutes etc. He is the Secretary of the society since 2001 onwards.


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OUR VISION:

To be a centre of excellence in technical education with research orientation and to develop human resources to serve the society and nation building.

OUR MISSION:

- To be a centre of excellence in technical education with research orientation and to develop human resources to serve the society and nation building.
- Establishing centre of excellence in inter disciplinary areas which are important and relevant to industry and employment with scope for research.
- To inculcate human values and ethical practices to the graduates through co-curricular and extracurricular activities.


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ABOUT THE INSTITUTION

- As an Institute committed to quality education, MIST aims at providing learning with a technology-edge. It endeavors to provide consistent training to its students to help them evolve as competent professionals in the highly competitive world. Right from its inception in 2001, it has been tuning itself to meet this objective.
- The technological revolution and the forces of globalization are changing the very functioning of the organizations significantly in recent years.
- Success nowadays, requires not only the ability to perform according to the requirements of the position, but also the ability to adjust and get along as a member of a working team. Two critical aspects of preparation for success in the workplace are Education and Training, so that you will have


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the required
knowledge, skills and a high level of self-motivation including initiative and
responsibility.


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ABOUT THE PHYSICAL EDUCATION DEPARTMENT

The college is having well established physical education department with an eminent physical education director and sophisticatedly maintained sports ground to accommodate the students of the college who are interested in various indoor and outdoor games. The college encourages the growth of budding sportsmen to raise and shine in the competitive world of sports and physical fitness. The physical education department with well maintained sports equipments and accessories provides the students the needed platform to train and reach their goals in a disciplined manner.





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SPORTS FACILITIES AVAILABLE IN OUR COLLEGE

The students are encouraged in various sports activities and the college takes utmost care in making sure that they are given suitable environment and platform for energizing and channeling their talents to become trailblazing sportsmen.

The various sports facilities available in campus includes:

Out -Door

- A standard volleyball court
- A standard kabaddi court
- A standard kho-kho court
- A standard cricket net practice court

In -Door

- A standard table tennis court
- Chess boards
- Carom boards
- A standard Shuttle badminton


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Fitness Programs organized by the Physical Education Department

In addition to the various sports activities looked after by the physical education department, a highly standardized fitness centre operates under the guidance of department to make sure that the students are given an opportunity to maintain their physique there by channeling their body and mind in the right direction. The balance in their spirit and strength is kept intact with their extended access to the college fitness center.

The fitness center is available for all the students with best in class equipments. The fitness training is extensively provided by dynamic and experienced fitness trainer who gives the necessary guidelines and instructions for disciplined fitness maintenance for young students in the campus.





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CULTURAL ACTIVITIES:

The institution gives importance to cultural activities like Singing, dancing, skits, playing musical instruments, mono-act, elocution, mime etc. and also provides facilities such as venue for practice with all the necessary equipment to enrich the cultural activities. In order to provide a platform to explore the talents of students, the Institution conducts Traditional day and Annual day. At the departmental level, each department encourages the students to perform cultural activities during various occasions such as Farewell day, Fresher's day, Engineers' day, etc.

The culture of India refers collectively to the thousands of distinct and unique cultures of all religions and communities present in India. India's languages, religions, dance, music, architecture, food and customs differ from place to place within the country. The Indian culture often labeled as an amalgamation of several cultures, spans across the Indian subcontinent and has been influenced by a history that is several millenniums old. Mahaveer Institute encourages the Cultural & Traditional fests. The Cultural Day was celebrated in the campus premises on the eve of Diwali i.e on 20-10-2017. Students & Faculty members participated actively. Students represented the distinct cultures of India. Traditional dances like Dandiya, Bathukamma were performed. The active and enthusiastic participation of students & staff made it a grand success.




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Report on Science Day Celebrations **'Science of today is the technology of tomorrow**

National Science Day is celebrated every year to spread a message about the Importance of science in the daily life of the people, to display all the activities, efforts, and achievements in the field of science for human welfare. On 27th February 2021, National Science Day was celebrated at Mahaveer Institute of Science and Technology, Bandlaguda. This day is celebrated to remember the great invention by the Indian Physicist Chandrasekhara Venkata Raman who discovered the 'Raman's Effect'. The celebrations began with the Introduction about our Nobel laureate Shri C.V. Raman followed by speeches of the Principal, Dr. Nageshwar Rao, and by the honorable Chief guest Dr. Borra Madhava Reddy.

B. Tech Ist Yr. students participated in various activities. Then followed by a poster-making competition in Mathematics and English. The topic was "Your favorite Scientist". Many students made posters on their favorite Scientist and their discoveries. To mark this occasion the students conducted experiments in Physics, Chemistry and explained the concept to the honorable Chief guest Dr. Borra Madhava Reddy, a Retired Scientist from NASA. It was then followed by the prize distribution ceremony for the winners of the competition which was also attended by all the departmental heads and Dr. Pratibha coordinator, of the National Science Day along with all the faculty of Humanities and Sciences


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It was indeed a very knowledgeable day in which the main motive was to spread a message about the importance of science and its application in our daily life as well as to popularize Science and Technology. Then came the time for the closing ceremony of the event and bidding farewell to the students in the evening




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Yoga Day:

Yoga is a physical, mental and spiritual practice which originated in India. The International Day of Yoga has been celebrated.





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Women's Day Celebrations:

Significance Keeping in view the growing imbalance in the man-woman ratio, we have to emphasize focusing on celebrating and welcoming girl children. To get rid of the vicious social customs of the dowry system responsible for the killing of the girl child, the status of women shall have to be enhanced. International Women's Day was celebrated at Mahaveer Institute of Science and Technology on 8th March 2021. The purpose is – To raise awareness about the status and dignity of women among the students.

An essay writing competition on Women's day was been conducted in the morning and many of the students had participated in that. It was interesting to know that boys have also participated in it. After the completion of the essay writing competition, a short program was conducted in the multi-purpose hall of our college. At the beginning of the program our respected Principal sir Mr. Ravindra H.N. gave a short speech on Women's day. Then some fun events were designed to make the boys realize the women's daily household work and of course to have fun for all. The events included- Sari draping, Hairstyling, button stitching. It was a lot of fun. In the end, prize distribution for the winners of the essay writing competition was done.



Ravindra H.N.
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